|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Term 1** | **Term 2** | **Term 3** | **Term 4** | **Term 5** | **Term 6** |
| **Year 10** | **Boys –** Rugby  **Girls –** Netball  **Set 1 –** Health & Fitness Rotations/Options \*  **Set 2 –**  Basketball/Handball | **Boys –** Rugby/Football  **Girls –** Netball/Hockey  **Set 1 –** Basketball/Handball  **Set 2 –** Health & Fitness Rotations/Options \* | **Boys –** Football  **Girls –** Hockey  **Set 1 –** Badminton or Volleyball  **Set 2 –** Health & Fitness Rotations/Options \* | **Boys –** Football/Hockey  **Girls –** Hockey/Football or Rugby  **Set 1 –** Health & Fitness Rotations/Options \*  **Set 2 –** Badminton or Volleyball | **Boys –** Cricket  **Girls –** Rounders  **Set 1 –** Athletics  **Set 2 –**  Tennis | **Boys –** Softball  **Girls –** Cricket  **Set 1 –** Tennis  **Set 2 –**  Athletics |
| **Year 11** | **Boys –** Rugby  **Girls –** Netball  **Set 1 –** Health & Fitness Rotations/Options \*  **Set 2 –** Basketball/Handball | **Boys –** Rugby/Football  **Girls –** Netball/Hockey  **GCSE Group –**Coursework  **Group 2 –** Health & Fitness Rotations/Options \* | **Boys –** Football  **Girls –** Hockey  **GCSE Group –**Coursework  **Group 2 –** Badminton | **Boys –** Football/Hockey  **Girls –** Hockey/Football or Rugby  **GCSE Group –** Practical Moderation and Revision  **Set 2 –** Volleyball | NOT APPLCABLE | NOT APPLICABLE |

**Physical Education Key Stage 4 Curriculum**

* Health & Fitness Options including: Circuit Training, Fitness Suite, Step Aerobics, Spin Bikes, Boot Camp