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|  | **Term 1** | **Term 2** | **Term 3** | **Term 4** | **Term 5** | **Term 6** |
| **Year 10** | **Boys –** Rugby**Girls –** Netball**Set 1 –** Health & Fitness Rotations/Options \***Set 2 –**  Basketball/Handball | **Boys –** Rugby/Football**Girls –** Netball/Hockey**Set 1 –** Basketball/Handball**Set 2 –** Health & Fitness Rotations/Options \* | **Boys –** Football**Girls –** Hockey**Set 1 –** Badminton or Volleyball**Set 2 –** Health & Fitness Rotations/Options \* | **Boys –** Football/Hockey**Girls –** Hockey/Football or Rugby**Set 1 –** Health & Fitness Rotations/Options \***Set 2 –** Badminton or Volleyball | **Boys –** Cricket**Girls –** Rounders**Set 1 –** Athletics**Set 2 –**  Tennis | **Boys –** Softball**Girls –** Cricket**Set 1 –** Tennis**Set 2 –**  Athletics |
| **Year 11** | **Boys –** Rugby**Girls –** Netball**Set 1 –** Health & Fitness Rotations/Options \***Set 2 –** Basketball/Handball | **Boys –** Rugby/Football**Girls –** Netball/Hockey**GCSE Group –**Coursework**Group 2 –** Health & Fitness Rotations/Options \* | **Boys –** Football**Girls –** Hockey**GCSE Group –**Coursework**Group 2 –** Badminton | **Boys –** Football/Hockey**Girls –** Hockey/Football or Rugby**GCSE Group –** Practical Moderation and Revision**Set 2 –** Volleyball | NOT APPLCABLE | NOT APPLICABLE |

**Physical Education Key Stage 4 Curriculum**

* Health & Fitness Options including: Circuit Training, Fitness Suite, Step Aerobics, Spin Bikes, Boot Camp