



Striving For Excellence Together

Year 9 Personal Development Curriculum Map

<p>Key Concepts: (Threshold Concepts) <i>State the big ideas or skills that students will revisit throughout the curriculum</i></p>	<ol style="list-style-type: none"> 1. Developing goal setting, analytical skills and decision making 2. Developing empathy, compassion and strategies to access support 3. Developing assertive communication, clarifying values and strategies to manage influence 4. Developing self-confidence, risk management and strategies to manage influence 5. Developing decision making, risk management and support-seeking skills 6. Developing analytical skills and strategies to identify bias and manage influence
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9	Topics	Assessment	Key Concepts	Key Vocabulary	Our Pillars	Knowledge tracking
Term 1	Who am I becoming?		<ol style="list-style-type: none"> 1. Sources of careers advice 2. Employability 3. GCSE options 	Careers communities	D L LA LB	Year 7 – term 1 - skills Year 8 – term 6 - careers Year 10 – term 1 - CV's Year 11 – term - 1 & 5 – adult life
Term 2	How can I look after myself?	Multiple choice assessment designed to cover Term 1 and 2 content. Time has been given for feedback	<ol style="list-style-type: none"> 1. Managing intimacy and delaying sex 2. Pregnancy and choices 3. STI's 	Intimacy Miscarriage Responsibilities Transmitted Infections Contraception	D L LA LB	Year 7 – term 2 - friendships Year 8 – term 3 - relationships Year 10 – term 5 – sex, drugs Year 11 – term 3 – sex health
Term 3	How can I look after others?		<ol style="list-style-type: none"> 1. Healthy / unhealthy relationships 2. Consent 3. Assertive communication 	Intimate Reconciliation Exploitation Consent Assertive Resilience	D LA LB	Year 7 – term 4 - boundaries Year 8 – term 4 - conflict Year 10 – term 3 - coercion Year 11 – term 3 sex health



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Term 4	What are my rights and responsibilities?	Multiple choice assessment designed to cover Term 3 and 4 content. Time has been given for feedback	<ol style="list-style-type: none"> 1. Types of relationships 2. Laws on gender identity and sexuality 3. Online legality 	Legal status Sexuality Indecent Criminal	D L LA LB	Year 7 – term 2 - friendships Year 8 – term 1 & 3 – relationships and prejudice Year 10 – term 2 - pornography Year 11 – term 2 - harassment
Term 5	How can I keep myself healthy?		<ol style="list-style-type: none"> 1. Medicines, vaccinations, and body checks 2. Mental health conditions and help 3. Healthy coping mechanisms 	Vaccinations Immunisation Screening	D L LA LB	Year 7 – term 2 & 5 - health Year 8 – term 2 - medicines Year 10 – term 5 - fertility Year 11 – term 4 - anxiety
Term 6	What could my future hold?	Multiple choice assessment designed to cover Term 5 and 6 content. Time has been given for feedback	<ol style="list-style-type: none"> 1. Bereavement and loss 2. Financial planning, saving and pensions. 3. Gambling, financial choices and debt 	Bereavement Pensions Gambling Debt	L LA LB	Year 7 – term 6 - finances Year 11 – term 1 – money management

Personal Development Curriculum

Year 9



Lesson 3
Gambling
& debts

Lesson 2
Financial
Planning,
Savings &
Pensions

Lesson 1
Bereavement
and Loss

What could
my future
hold?

Term
6

Learning is based around developing analytical skills & strategies to identify bias & manage influence

How can I
keep myself
healthy?

Lesson 1
Medicines,
vaccinations &
body checks

Lesson 2
Mental Health
Conditions &
Help

Lesson 3
Healthy
Coping
Mechanisms

Term
5

Breaking the Chain
A play about knife crime

Lesson 3
Online
Legality

Lesson 2
Laws on Gender
Identity and
Sexuality

Lesson 1 Laws
around
different types
of relationships

What are my
rights and
responsibilities?

Term
4

Lesson 1
Healthy
romantic
relationships

Lesson 2
Consent &
Sexual
Pressure

Lesson 3
Assertive
Communication

Lesson 4
Friendship
Challenges

How can
I look
after others?

Term
3

Lesson 4
Contraception
for all

Lesson 3
STI's

Lesson 2
Pregnancy &
Choices



Our local School Beat officer regularly visits to talk about various issues such as **domestic abuse, county lines and hate crime**

Visit from
School
beat officer

Term
2

How can I
look after
myself?

Lesson 1
Delaying Sex &
Managing
Intimacy

Lesson 3
GCSE
options

Our Time
A play about carers of mental health sufferers

Lesson 2
Employability

Lesson 1
Career advice

Who am I
becoming?

Term
1

