



## Striving For Excellence Together

### Year 9 Physical Education Curriculum Map

<p><b>Key Concepts:</b> <a href="#">(Threshold Concepts)</a>  <i>State the big ideas or skills that students will revisit throughout the curriculum</i></p>	<ul style="list-style-type: none"> <li>• <b>YEAR NINE</b> – RECAP ADVANCED SKILLS AND DEVELOP STRATEGIES AND TACTICS ACROSS ALL ACTIVITIES               <ul style="list-style-type: none"> <li>○ <b>PILLAR OF PROGRESSION ONE</b> – MOTOR COMPETENCE</li> <li>○ <b>PILLAR OF PROGRESSION TWO</b> – RULES, STRATEGIES AND TACTICS</li> <li>○ <b>PILLAR OF PROGRESSION THREE</b> – HEALTHY PARTICIPATION</li> </ul> </li> </ul>
---	--

	Topics	Assessment	Key Concepts	Key Vocabulary	Our Pillars	Knowledge tracking
<b>Y9</b>	The key topics taught in this term. (Change term to topic if appropriate)	Give the name, nature/content and date of the assessment in this term.	Where are the key areas of this subject visited and revisited?	List the <a href="#">Tier 3</a> words that will be encountered.	Does this unit address any of our 4 pillars?	What <b>prior learning</b> does this term's curriculum build on and what <b>future learning</b> does it link to?
<b>Term 1</b>	BOY'S RUGBY  NETBALL  CROSS COUNTRY	<p>Declarative Knowledge (knowing what) through formative assessment in teacher observation of student performance during delivery of SOW.</p> <p>Procedure Knowledge (knowing how) through summative assessment in teacher observation of Full Context performance ongoing and final SOW 'competitive performance', including In-Lesson Games, House Games, and School Matches</p> <p>Students assessed against SWR Pathway progression criteria for each activity (Emerging, Novice, Secure, Confident, Excelling)</p>	<p>MOTOR COMPETENCE</p> <p>RULES, STRATEGIES &amp; TACTICS</p> <p>HEALTHY PARTICIPATION</p>	<p><b>Rugby</b> scrum, line out, ruck, maul, jackle, clearing, Prop, Hooker, Second Row, try, conversion, drop kick/goal, drive, scissors, crossing, Scrum Half, touch/touchline, 22/10/5/15m, smother, chop, Fly Half.</p> <p><b>Netball</b> chest Pass , Centre, shoulder pass, Wing Defence, bounce pass, centre pass, Goal Defence, footwork, Goal Shooter, Goal Keeper, sprint dodge, Goal Attack, obstruction, feint dodge, Wing Attack, contact, re-possession, penalty pass.</p> <p><b>Cross Country</b> timekeeper, place judge, incline, pacing, terrain, interval, fartlek, continuous training</p>	Diversity & Inclusivity Literacy & Oracy Life After SWR Life Beyond SWR	<p>Prior Learning – Year 7 &amp; 8 learning across the three Key Concepts Previous term/year (s) exposure to PE Tier 3 Key Vocabulary.</p> <p>Future Learning – Progressively increasing level of challenge for activities across every year group (activities repeated). Tier 3 PE Key Vocabulary consolidated and expanded. Key Concepts explored and applied with increasing level of challenge through each term of the academic year</p>



## Striving For Excellence Together

### Year 9 Physical Education Curriculum Map

<b>Term 2</b>	BASKETBALL  TABLE TENNIS  FITNESS	<p>Declarative Knowledge (knowing what) through formative assessment in teacher observation of student performance during delivery of SOW.</p> <p>Procedure Knowledge (knowing how) through summative assessment in teacher observation of Full Context performance ongoing and final SOW 'competitive performance', including In-Lesson Games, House Games, and School Matches</p> <p>Students assessed against SWR Pathway progression criteria for each activity (Emerging, Novice, Secure, Confident, Excelling)</p>	MOTOR COMPETENCE  RULES, STRATEGIES & TACTICS  HEALTHY PARTICIPATION	<p><b>Basketball</b> dominant/weaker hand, high bounce, crossover, dribble, rebound, lay-up, set shot, jump shot, free throw, jump stop, stride stop, drop step, half court/full court press, three/two pointer, technical foul, shot clock, violation, travel, double dribble, goal tending, back court violation.</p> <p><b>Table Tennis</b> spin, forehand, backhand, topspin, backspin, serve, smash, lob, singles, doubles, drive, push.</p> <p><b>Fitness</b> flexibility, agility, muscular endurance, multi-stage test, sit and reach test, Illinois, carotid, radial, dynamometer, interval, intensity, aerobic, fartlek, training zone, anaerobic, continuous, circuit training.</p>	Diversity & Inclusivity Literacy & Oracy Life After SWR Life Beyond SWR	<p>Prior Learning – Year 7 &amp; 8 learning across the three Key Concepts Previous term/year (s) exposure to PE Tier 3 Key Vocabulary.</p> <p>Future Learning – Progressively increasing level of challenge for activities across every year group (activities repeated). Tier 3 PE Key Vocabulary consolidated and expanded. Key Concepts explored and applied with increasing level of challenge through each term of the academic year</p>
<b>Term 3</b>	FOOTBALL  HOCKEY/GIRL'S RUGBY  BADMINTON  GYMNASTICS	<p>Declarative Knowledge (knowing what) through formative assessment in teacher observation of student performance during delivery of SOW.</p> <p>Procedure Knowledge (knowing how) through summative assessment in teacher observation of Full Context performance ongoing and final SOW 'competitive performance', including In-Lesson Games, House Games, and School Matches</p>	MOTOR COMPETENCE  RULES, STRATEGIES & TACTICS  HEALTHY PARTICIPATION	<p><b>Football</b> heading, one touch/two touch, driven, lofted, instep, outstep, volley, half volley, free kick, flick on, block tackle, jab tackle, slide tackle, shot stopping, punching, offside, throw-in, corner.</p> <p><b>Hockey</b> open/closed stick, push pass, slap pass, sweep pass, Indian dribble, block tackle, jab tackle, long corner,</p>	Diversity & Inclusivity Literacy & Oracy Life After SWR Life Beyond SWR	<p>Prior Learning – Year 7 &amp; 8 learning across the three Key Concepts Previous term/year (s) exposure to PE Tier 3 Key Vocabulary.</p> <p>Future Learning – Progressively increasing level of challenge for activities across every year group (activities repeated).</p>



## Striving For Excellence Together

### Year 9 Physical Education Curriculum Map

<b>Term 4</b>		Students assessed against SWR Pathway progression criteria for each activity (Emerging, Novice, Secure, Confident, Excelling)		<p>short corner, push back, Sweeper, Mid Field.</p> <p><b>Badminton</b> backhand, forehand, baseline, centre line, clear, drive, drop shot, fault, kill shot, let, net push, rally, serve, smash, flick serve, tram lines, shuttlecock.</p> <p><b>Gymnastics</b> locomotion, floorwork, horse, buck, cartwheel, vault, pencil roll, forward roll, circle roll, arabesque, headstand, handstand, shoulder stand, v-sit, round off, handspring, counter balance/tension.</p>		Tier 3 PE Key Vocabulary consolidated and expanded. Key Concepts explored and applied with increasing level of challenge through each term of the academic year
<b>Term 5</b>	<p>ATHLETICS</p> <p>CRICKET</p> <p>ROUNDERS</p>	<p>Declarative Knowledge (knowing what) through formative assessment in teacher observation of student performance during delivery of SOW</p> <p>Procedure Knowledge (knowing how) through summative assessment in teacher observation of Full Context performance ongoing and final SOW 'competitive performance', including In-Lesson Games, House Games, and School Matches</p> <p>Students assessed against SWR Pathway progression criteria for each activity (Emerging, Novice, Secure, Confident, Excelling)</p>	<p>MOTOR COMPETENCE</p> <p>RULES, STRATEGIES &amp; TACTICS</p> <p>HEALTHY PARTICIPATION</p>	<p><b>Athletics</b> sprinting, middle distance, long distance, hurdles, flight, landing, long jump, triple jump, high jump, release, recovery, shot putt, discuss, javelin, sand pit, take off board, starter, marshal, judge, timekeeper, place judge, relay judge, field event judge.</p> <p><b>Cricket</b> wicket keeper, field, overarm, stumps, bails, underarm, bowl, wicket, no ball, six/four, run out, backing up, leg side, LBW (leg before wicket), spin, seam, swing, delivery.</p> <p><b>Rounders</b> back stop, field, overarm, stump, underarm, bowl, obstruction, no ball, rounder, run out, donkey drop, batting square, spin.</p>	<p>Diversity &amp; Inclusivity</p> <p>Literacy &amp; Oracy</p> <p>Life After SWR</p> <p>Life Beyond SWR</p>	<p>Prior Learning – Year 7 &amp; 8 learning across the three Key Concepts</p> <p>Previous term/year (s) exposure to PE Tier 3 Key Vocabulary.</p> <p>Future Learning –</p> <p>Progressively increasing level of challenge for activities across every year group (activities repeated).</p> <p>Tier 3 PE Key Vocabulary consolidated and expanded. Key Concepts explored and applied with increasing level of challenge through each term of the academic year</p>



## Striving For Excellence Together

### Year 9 Physical Education Curriculum Map

<b>Term 6</b>	<p>CRICKET</p> <p>ROUNDERS</p> <p>SOFTBALL</p> <p>TENNIS</p>	<p>Declarative Knowledge (knowing what) through formative assessment in teacher observation of student performance during delivery of SOW</p> <p>Procedure Knowledge (knowing how) through summative assessment in teacher observation of Full Context performance ongoing and final SOW 'competitive performance', including In-Lesson Games, House Games, and School Matches</p> <p>Students assessed against SWR Pathway progression criteria for each activity (Emerging, Novice, Secure, Confident, Excelling)</p>	<p>MOTOR COMPETENCE</p> <p>RULES, STRATEGIES &amp; TACTICS</p> <p>HEALTHY PARTICIPATION</p>	<p><b>Tennis</b> Volley, service, forehand, backhand, service box, tram lines, love, deuce, smash, lob, singles, doubles, umpire, return</p> <p><b>Softball</b> mitt, softball, pitch, diamond, catcher, bases, pitcher, infield, outfield, home run, safe, strike, no ball.</p>	<p>Diversity &amp; Inclusivity</p> <p>Literacy &amp; Oracy</p> <p>Life After SWR</p> <p>Life Beyond SWR</p>	<p>Prior Learning – Year 7 &amp; 8 learning across the three Key Concepts</p> <p>Previous term/year (s) exposure to PE Tier 3 Key Vocabulary.</p> <p>Future Learning – Progressively increasing level of challenge for activities across every year group (activities repeated). Tier 3 PE Key Vocabulary consolidated and expanded. Key Concepts explored and applied with increasing level of challenge through each term of the academic year</p>
---------------	--	---	---	--	---	--