



## Striving For Excellence Together

### Year 10 Personal Development Curriculum Map

<p><b>Key Concepts:</b> <a href="#">(Threshold Concepts)</a>  <i>State the big ideas or skills that students will revisit throughout the curriculum</i></p>	<ol style="list-style-type: none"> <li>1. Developing self-awareness, goal setting, adaptability and organisation skills</li> <li>2. Developing empathy and compassion, strategies to manage influence and assertive communication</li> <li>3. Developing agency and decision making, strategies to manage influence and access support.</li> <li>4. Developing respect for diversity, risk management and support- seeking skills</li> <li>5. Developing goal setting, leadership, and presentation skills</li> <li>6. Developing motivation, organisation, leadership and presentation skills</li> </ol>
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10	Topics	Assessment	Key Concepts	Key Vocabulary	Our Pillars	Knowledge tracking
	The key topics taught in this term. (Change term to topic if appropriate)	Give the name, nature/content and date of the assessment in this term.	Where are the key areas of this subject visited and revisited?	List the <a href="#">Tier 3</a> words that will be encountered.	Does this unit address any of our 4 pillars? <b>D / L / LA / LB</b>	What <b>prior learning</b> does this term's curriculum build on and what <b>future learning</b> does it link to?
<b>Term 1</b>	What could my future hold?		<ol style="list-style-type: none"> <li>1. Skills for employment</li> <li>2. Applying for employment</li> <li>3. CV writing and selling yourself</li> </ol>	Employability skills Markets Attributes Curriculum Vitae	D L LA LB	Year 7 – term 1 - transition Year 8 – term 6 - careers Year 9 – term 1 - Options
<b>Term 2</b>	How can I look after myself?	Multiple choice assessment designed to cover Term 1 and 2 content. Time has been given for feedback	<ol style="list-style-type: none"> <li>1. Impact of Pornography 1</li> <li>2. Impact of pornography 2</li> <li>3. Identifying and responding to abuse and harassment</li> </ol>	Pornography Consent Harassment Exploitation Honour based violence Coercion Domestic abuse Forced marriage	D L LA LB	Year 7 – term 4 - relationships Year 8 – term 3 - boundaries Year 9 – term 3 - consent Year 11 – term 1 misogyny



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<b>Term 3</b>	How can I look after others?		<ol style="list-style-type: none"> <li>1. First aid and lifesaving</li> <li>2. Consent</li> <li>3. Signs of coercion and forced marriage</li> </ol>	Defibrillators Consent Coercion Honour based violence	D L LA LB	Year 7 – term 5 & 6 – consent, rights, vaping Year 8 – term 3 - boundaries Year 9 – term 3 - consent Year 11 – term 1 – sexual harassment
<b>Term 4</b>	What are my rights and responsibilities?	Multiple choice assessment designed to cover Term 3 and 4 content. Time has been given for feedback	<ol style="list-style-type: none"> <li>1. British values – rule of law</li> <li>2. British values – individual liberty</li> <li>3. British values – tolerance and respect</li> </ol>	Liberty Rights Responsibilities United Nations Stereotypes Intolerance Extremism Radicalisation	D L LA LB	Year 7 – term 4 - rights Year 9 – term 4 - laws Year 11 term 2 – protected characteristics
<b>Term 5</b>	How can I keep myself healthy?		<ol style="list-style-type: none"> <li>1. Drugs, alcohol and sex</li> <li>2. Festival drugs and peer pressure</li> <li>3. Reproductive health and fertility</li> </ol>	Peer pressure Illegal substances Fertility	LA LB	Year 7 – term 6 - vaping Year 8 – term 2 - drugs Year 9 – term 2 – STI's Year 11 – term 4 - fertility
<b>Term 6</b>	Who am I becoming?	Multiple choice assessment designed to cover Term 5 and 6 content. Time has been given for feedback	<ol style="list-style-type: none"> <li>1. Active participant in democracy</li> <li>2. Parliament</li> <li>3. Engaged and informed – Fake News</li> </ol>	Citizenship Democracy Politics Discrimination Extremism Radicalisation reliability	D L LA LB	Year 7 – term 3 - rights Year 8 – term 5 – radicalisation and law Year 9 – term 4 – laws on gender Year 11 – term 1 - cybercrime

# Personal Development Curriculum Year 10



End of year



Lesson 3 Engaged & Informed – Fake News

Lesson 2 Parliament

Lesson 1 British Values Active participant in democracy

Who am I becoming?

Term 6



Lesson 1 Drugs, Alcohol & Sex

Lesson 2 Festival Drugs & Peer Pressure

Lesson 3 Reproductive health & Fertility

How can I keep myself healthy?

Term 5



Lesson 3 British Values Tolerance and Respect



Lesson 2 British Values Individual Liberty



Lesson 3 Signs of coercion & forced marriage

Term 4

What are my rights and responsibilities?

Lesson 1 British Values Rule of Law

Lesson 2 Consent

Lesson 1 First Aid & lifesaving

How can I look after others?

Term 3



Lesson 3 Identifying & responding to abuse

Term 2

How can I look after myself?

Lesson 1 Impact of Pornography 1

Lesson 2 Impact of pornography 2



Lesson 3 & 4 Selling yourself writing your CV

In preparation for practice interview day and work experience application.

Lesson 2 Applying for employment

Lesson 1 Skills for employment

What could my future hold?

Term 1