

Monday

FIVE WAYS TO WELLBEING



Term 1&2 2025/25

Name of club	Location	Who For	Start time	Finish Time	Staff Lead	Wellbeing focus
Fitness	Fitness Suite	Year 10 & 11	1.35	2.15	JF	Be Active
Basketball	Sports Hall	Year 10 & 11	1.35	2.15	DMi	Be Active
Quotes Club	Mr Sweet's office	Year 11	11.15	11.30	GS	Keep Learning
Games Club	Mrs Anderson MA4	All years	1.35	2.15	KA	Connect
Maths homework club	IT3 (Maths corridor)	All years	1.35	2.15	CKi	Keep Learning
Year 7 games club friendship	ML1	Year 7	1.35	2.05	JH	Connect
After School						
Homework Club	IT2	All	3.30	4.25	MW	Keep Learning

Watch this space ... School Production Auditions will be coming out soon!

Tuesday

FIVE WAYS TO WELLBEING



TALK & LISTEN,
BE THERE,
FEEL CONNECTED



Your time,
your words,
your presence



REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY



EMBRACE NEW
EXPERIENCES.
SEE OPPORTUNITIES.
SURPRISE YOURSELF



DO WHAT YOU CAN.
ENJOY WHAT YOU DO.
MOVE YOUR HOOD

Term 1&2 2025/26

Name of club	Location	Who For	Start time	Finish Time	Staff Lead	Wellbeing focus
Badminton	Sports Hall	Year 10 & 11	1.35	2.15	VO	Be Active
Craft Club	Library	All	1.40	2.15	AW	Connect
SWR House Band	Mu1	Speak with Mr Hood	1:35	2:25	LH	Keep Learning
Year 7 games friendship club	ML1	Year 7	1.35	2.05	JH	Connect
After School						
Bronze Duke of Edinburgh Award	IT2	Year 11	3:30	4:30	RSH	Be Active
Netball	Courts	Year 9-11	3.30	4.30	VO	Be Active
Boy's Rugby	Fields	All Years	3.30	4.30		Be Active
GCSE DT Coursework Club	DT1	Y11	3:30	4:15	KC	Keep Learning
Spanish basics Club	MFL2	Y7-9	3.30	4.15	EHB	Keep Learning

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Fitness	Fitness Suite	Year 10 7 11	1.35	2.15	JF	Be Active
Diner Club	DT Food	Invite only	1.35	2.15	AW	Keep Learning
Quotes Club	Mr Sweet's office	Year 11	11.15	11.30	GS	Keep Learning
Debating Club	Library	All Years	1.40	2.15	CE	Connect
Year 7 games friendship club	ML1	Year 7	1.35	2.05	JH	Connect
After School						
Netball	Courts	Year 7 & 8	3.30	4.30	VO	Be Active
Homework Club	IT2	All	3.30	4.25	MW	Keep Learning

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Thursday

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Name of club	Location	Who for	Start time	Finish Time	Staff Lead	Wellbeing focus
Craft Club	Library	All	1.40	2.15	AW	Connect
Book Group	Library	All	1.45	2.15	LM	Connect
Science Confidence Club	SC4	Year 10 and 11	1.45	2.15	KT	Connect/Keep learning
Year 7 games friendship club	ML1	Year 7	1.35	2.05	JH	Connect
After School						
Girls Football	Meet on field	All girls	3:30	4:30	RSH	Be Active
Boy's Football	Field	All Years	3.30	4.30	JF/DMi	Be Active

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Fitness	Fitness Suite	Year 10 & 11	1.35	2.15	JF	Be Active
Quotes Club	Mr Sweet's office	Year 11	11.15	11.30	GS	Keep Learning
Choir	Mu2	All	1:45	2:15	LH	Keep Learning
Badminton	Sports Hall	Year 7-9	1:35	2:15	RSH	Be Active

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